

科目ナンバリング									
授業科目名 <英訳>		Mental Illness and Health Care Mental Illness and Health Care			担当者所属 職名・氏名		環境安全保健機構 教授 阪上 優		
群	健康・スポーツ科目群		分野(分類)	健康・スポーツ科学(発展)		使用言語	英語		
旧群		単位数	2単位	週コマ数	1コマ	授業形態	ゼミナール(対面授業科目)		
開講年度・ 開講期	2025・前期		曜時限	水3		配当学年	全回生	対象学生	全学向
[授業の概要・目的]									
In the modern era, our environment changes with astonishing speed and is highly stressful. The importance of our mental health care is just so much common sense. However, it is difficult to understand and to promote mental health because of its obscure and elusive nature. In this course, students will learn the characteristics of some typical mental disorders within the issue of modern mental health. Furthermore, they will deliberate over how mental health and its associated disorders are related to cultural background and society. Through instructors' lectures, discussions, and in-class presentations, students will learn the foundations of mental illness and health care.									
[到達目標]									
Through the lecture, students will understand the general background of mental health issues, they will also acquire the fundamental knowledge regarding some typical mental disorders. The final goal of this lecture is for students to develop their own opinions about the mental health problems in modern society.									
[授業計画と内容]									
1. General background 1-1. General background of mental health 1 1-2. General background of mental health 2 1-3. General background of mental health 3 2. A brief history of psychiatry 2-1. Before the birth of psychiatry 2-2. The birth of psychiatry 2-3. German-speaking psychiatrists 2-4. The move into the community 2-5. Psychiatry in modern society 2-6. Psychiatry in the future 3. Mental health issues in modern society 3-1. Suicide prevention 3-2. Anti-stigma program for mental health care 3-3. Super-aging society 4. Oral presentation 4-1. Presentation 1 4-2. Presentation 2									
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Mental Illness and Health Care(2)

【履修要件】

特になし

【成績評価の方法・観点】

Assessment will be determined by the following criteria:

(1) Active class participation during a discussion session 50%

(2) Oral Presentation 50%

【教科書】

使用しない

【参考書等】

（参考書）

授業中に紹介する

【授業外学修（予習・復習）等】

Students will have to do oral presentations. Details on the requirements for the presentations will be given in class. The source of the information (books, articles, etc.) must be cited appropriately.

【その他（オフィスアワー等）】

【主要授業科目（学部・学科名）】