科目ナンバリング Introduction to Basic Concepts of Health Psychology-E2: Communication Issues and Decision-making in Patient Care 授業科目名 担当者所属 職名・氏名 Introduction to Basic Concepts of 医学研究科 准教授 ANAGNOSTOU, Despoina <英訳> Health Psychology-E2: Communication Issues and Decision-making in Patient Care 分野(分類) 健康・スポーツ科学(基礎) 群 健康・スポーツ科目群 使用言語 英語 旧群 単位数 2単位 週コマ数 1コマ 授業形態 講義(対面授業科目) 2024·前期 曜時限 火3 配当学年 全回牛 対象学生 全学向

[授業の概要・目的]

This module will introduce the principle concepts of health psychology and its research basis. Students will develop an understanding of the integration of biomedical and psychosocial models of health care. They will develop knowledge about how heath psychology can be incorporated into promotion and maintenance of health. In addition, this module will explore the impact of health psychology on the treatment of chronic illness, pain management and of its role in palliative care. Students will develop knowledge about the impact of health psychology onto the evolution of complex interventions research and its implications for clinical practice.

[到達目標]

To develop understanding of the concept of health psychology

To understand key theories of illness and its management within health psychology

To explore illness management interventions, communication approaches and decision-making styles in health care

To evaluate of complex interventions

To understand key theories on pain and pain management in relation to chronic illness

[授業計画と内容]

Session 1: Introduction to Health Psychology module

Session 2: Defining health psychology

Session 3: Social- cognitive models in health psychology

Session 4: Individual differences and habits- implications for health

Session 5: Illness related beliefs

Session 6: Health psychology of chronic illness

Session 7: Pain and health psychology

Session 8: Health psychology and palliative care

Session 9: Health psychology and complex interventions

Session 10-11: Group work: comparison between European health care contexts and Japanese contexts

Session 12: Health promotion and intervention

Session 13-15: Presentations- feedback

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| [成績評価の方法・観点] | |
| Evaluation via presentations | |
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| 授業中に指示する | |
| References will be introduced during the course | |
| [参考書等] | |
| (参考書) 授業中に紹介する | |
| 授業中に紹介する [授業外学修(予習・復習)等] | |
| Preparation is required for the presentations | |
| [その他(オフィスアワー等)] | |
| Key lectures will be given by the lecturer. Some group work will be introduced to discuss key issues in comparing Japan with the Europe. Students will give presentations during the last sessions of the course. Instructions for the presentations be given in class. It is advisable to participate actively and share comments and ask questions during the class. Students should make an appointment through e-mail, in the case they need any advice. | will |