Course number		U-LAS70 10002 SE50							
Course title (and course title in English)	III.AS Seminar-EZ 16000 Sysiems in Asia (Unetructor's								
Group	Semina	rs in Liberal Arts	and Sciences	Numb	er of credits	2	Number weekly time blo		1
Class style	semi (Fac	nar e-to-face course	Year/sem	esters	2024 • First	semester	Quota (Freshma	an) 14	4 (8)
Target year	Main	ly 1st year students	Eligible stude	ents Fo	or all majors		Days and periods	Tue.5	
Classroom	W302, Faculty of Agriculture Main Bldg. (North Campus) Language of instruction English								
Keyword	Food / Cuisine / Nutrition								

[Overview and purpose of the course]

This interactive seminar is about the contemporary transformation of food, nutrition, and agriculture in East and Southeast Asia. The content of the course will be both familiar and challenging to anyone who has eaten different cuisines in Asia. We will cover the development of local cuisines, the role of farmers, and the evolution of diet in modern society. The perspective will be both practical (How does society gather and eat?) and theoretical (Why food systems developed the way they did). Weekly activities involving food, such as tasting, smelling, cooking, are an important learning tool and a fun part of the seminar.

[Course objectives]

Students will gain a foundation in 'Food Studies': how scientists understand and analyze global food trends from multiple perspectives. Students will also test their skills in an applied way by analyzing specific cuisines in East Asia and providing their own insight and analysis.

[Course schedule and contents)]

Introduction

1. The new worldwide passion for food

Module 1: Cuisines and agri-food systems in different regions

- 2. Rice food systems of Southeast Asia
- 3. Wheat food systems of East Asia
- 4. Rice-based vs. Wheat-based civilizations

Module 2: Food systems and cuisine

- 5. Rural food, urban cuisine
- 6. Development of national cuisine
- 7. Changing tastes and preferences of regional cuisine

Module 3: Food skills and food knowledge

- 8. Food education and childhood
- 9. Food and lifestyle
- 10. Taste, smell, chew: sensory skills of eating

II AS Seminar-F2	Food Systems in	Asia(アジアにおけ	る食農システム)(2

Module 4: Student Presentations (order selected later)

- 11. Cuisine of Korea
- 12. Cuisine of Vietnam
- 13. Cuisine of Malaysia
- 14. The Future of Cuisine
- 15. Feedback (details in class)

[Course requirements]

English proficiency suitable for understanding lectures, reading basic texts, and participating in class discussion.

[Evaluation methods and policy]

- 10% Attendance (* More than 3 absences without official excuse loses this grade)
- 10% Mini-essay assignments
- 20% In-class discussion and participation in activities
- 30% Final exam OR essay (student vote)
- 30% Final group presentation

[Textbooks]

Not used

No textbook, but consultation of in-class materials and eBooks available at Kyoto University Library (see Reference book).

[References, etc.]

(References, etc.)

Van Esterik, Penny Food Culture in Southeast Asia (Greenwood) ISBN:9780313344190 (eBook available from instructor)

Klein, Jakob A. and Murcott, Ann (Eds.) Consumption and Public Life: Food Consumption in Global Perspective (Palgrave Macmillan) ISBN:9781137326416

[Study outside of class (preparation and review)]

Students will be expected to do readings in preparation for class and discuss them the following week. Alternatively, students will conduct take home practical exercises which must be submitted the following week. Students should be prepared to discuss the topic of the week in an active manner during class.

[Other information (office hours, etc.)]

Short meetings can be spontaneous or scheduled. Longer meetings scheduled only by email.