

Course number		U-LAS40 10011 LE26					
Course title (and course title in English)		Introduction to Basic Concepts of Health Psychology-E2 :Communication Issues and Decision-making in Patient Care		Instructor's name, job title, and department of affiliation		Graduate School of Medicine Associate Professor,ANAGNOSTOU , Despoina	
Group	Health and Sports		Field(Classification)		Health and Sports Sciences(Foundations)		
Language of instruction	English		Old group		Number of credits	2	
Number of weekly time blocks	1	Class style	Lecture (Face-to-face course)		Year/semesters	2024 • First semester	
Days and periods	Tue.3	Target year	All students		Eligible students	For all majors	
[Overview and purpose of the course]							
<p>This module will introduce the principle concepts of health psychology and its research basis. Students will develop an understanding of the integration of biomedical and psychosocial models of health care. They will develop knowledge about how health psychology can be incorporated into promotion and maintenance of health. In addition, this module will explore the impact of health psychology on the treatment of chronic illness, pain management and of its role in palliative care. Students will develop knowledge about the impact of health psychology onto the evolution of complex interventions research and its implications for clinical practice.</p>							
[Course objectives]							
<p>To develop understanding of the concept of health psychology To understand key theories of illness and its management within health psychology To explore illness management interventions, communication approaches and decision-making styles in health care To evaluate of complex interventions To understand key theories on pain and pain management in relation to chronic illness</p>							
[Course schedule and contents)]							
<p>Session 1: Introduction to Health Psychology module Session 2: Defining health psychology Session 3: Models of health and illness; the biopsychosocial model and health psychology Session 4: The concept of wellness- implications for health Session 5: Psychological models of health-behavior change Session 6: Pain management and health psychology Session 7-8: Health psychology of chronic illness Session 9: Response shift as a psychological response to chronic illness Session 10: Challenges in communicating terminal disease: breaking bad news Session 11: The psychological burden of informal/family caregiving Session 12: Health psychology and complex interventions Session 13: Health promotion and health psychology Session 14-15: Presentations- feedback</p>							
<div style="text-align: right;"> <i>Continue to Introduction to Basic Concepts of Health Psychology-E2 :Communication Issues and Decision-making in Patient Care(2)</i> </div>							

[Course requirements]

None

[Evaluation methods and policy]

Evaluation via presentations

[Textbooks]

Instructed during class

References will be introduced during the course

[References, etc.]

(References, etc.)

Introduced during class

[Study outside of class (preparation and review)]

Preparation is required for the presentations

[Other information (office hours, etc.)]

Key lectures will be given by the lecturer.

Some group work will be introduced to discuss key issues in comparing Japan with the Europe.

Students will give presentations during the last sessions of the course. Instructions for the presentations will be given in class.

It is advisable to participate actively and share comments and ask questions during the class.

Students should make an appointment through e-mail, in the case they need any advice.