Course number		U-LAS70 10002 SE50										
Course title (and course title in English)	I European Confext Cコーロックル のける焼砂				me d d	ictor's , job title, epartment liation	Graduate School of Medicine Associate Professor, ANAGNOSTOU, Despoina					
Group	Seminars in Liberal Arts and Sciences Nu				nbe	er of credits	2	Number weekly time bloo			1	
Class style semina (Face-		nar e-to-face course)	Year/sem	esters		2024 • First	semeste		Quota (Freshma	an)	15 (15)	
Target year	Mainly 1st year students Eligible stude		nts ]	For all majors			Days and periods		Tue.5			
Classroom	32, Yoshida-South Campus Bldg. No. 1							Language of instruction		English		
Keyword	palliative care / end of life / ethics / clinical issues / Europe											

## [Overview and purpose of the course]

The overall aim of the seminar is to develop understanding of the key current clinical and ethical issues in palliative care within the European context

We will use a combination of short lectures, interactive group work problem based activities and personal reflection throughout the course to address aspects of shared decision-making in palliative care, communication challenges in end of life care, ethical issues as viewed within EUROPE, holistic needs assessment and management of complex family interactions.

## [Course objectives]

To understand the concepts of palliative and end of life care

To understand the different models of palliative care within Europe

To develop awareness of the different disease groups relevant to palliative care

To develop awareness of the current ethical debates within palliative care in Europe

## [Course schedule and contents)]

- Session 1: Introduction of the seminar and of those participating
- Session 2: Definition and different approaches to palliative care/ end of life care- historical development
- Session 3: Decision-making in palliative care
- Session 4: Family involvement in palliative care
- Session 5: Financial burden for the family in end-of-life care
- Session 6: Management of chronic pain in palliative care
- Session 7: Communication issues in advanced cancer
- Session 8: Quality of life in palliative care
- Session 9: The concept of resilience in palliative care
- Session 10: Coping with terminal illness
- Session 11: Informal care-giving: the untold reality palliative care
- Session 12: The importance of Spirituality and spiritual care in palliative care

ILAS Seminar-E2: Clinical and ethical issues within palliative care- the European Context (ヨーロッパにおける緩和ケア) (2)
Session 13: Advanced care planning- current trends
Session 14: Ethical issues in palliative care
Session 15: presentations- feedback
[Course requirements]
None
[Evaluation methods and policy]
evaluation will be based on students' presentations
[Textbooks]
Instructed during class
[References, etc.]
( References, etc. )
Introduced during class References to relevant literature will be given at each seminar
[Study outside of class (preparation and review)]
Students are required to prepare for their presentations
[Other information (office hours, etc.)]
Teacher short lectures, discussion groups, student presentations, small group works during seminar session
based on an issue specified by the teacher.
Students are advised to actively participate; make comments and ask questions to generate discussions
Students should make an appointment via e-mail, in the case they need any advice.