科目ナンバリング	U-LAS40 20031 LE26						
授業科目名<英訳>	Introduction to Medical Psychology-E2 Introduction to Medical Psychology-E2			担当者所属職名・氏名	医学研究科　講師　SAHKER, Ethan Kyle		
群	健康・スポーツ科目群	分野(分類)	健康・スポーツ科学(発展)	使用言語	英語		
旧群	A群	単位数	2単位	週コマ数	1コマ	授業形態	講義（対面授業科目）
開講年度・開講期	2026・後期	曜時限	水4	配当学年	全回生	対象学生	全学向

[授業の概要・目的]

The mind-body connection is an important concept for understanding both health and illness. In medicine, behavior and emotion contribute to major risk and protective factors for many physical illnesses. Importantly, chronic illnesses and lifestyle diseases may be effectively treatment with psychological interventions and behavioral medicine. This is because if one thinks and behaves in a healthy way, they start to feel healthier. If they change their harmful behaviors, their physical health will improve. This understanding is the foundation of medical psychology. In this course students will gain a broad overview of medical psychology. They will gain knowledge in the history of psychology evolving from early medical disciplines. They will also be introduced to the foundational theories behind medical psychology. Additionally, students will learn about the primary roles of behavioral health in evidence-based medicine.

[到達目標]

To understand how the mind and body interact through thoughts, emotions, and behaviors
To gain insight into the role of psychology and clinical psychologists in medicine

[授業計画と内容]

1. Introduction to Medical Psychology
2. Ethics, History, and Systems
3. Biological Bases of Behavior
4. Cognitive and Affective Bases of Behavior
5. Social Bases of Behavior
6. Personality, Culture, and Identity
7. Clinical Psychology
8. Theoretical Orientations
9. Intelligence and Ability
10. Neuropsychology
11. Health Psychology and Psychosomatic Medicine
12. Mental Disorders: Depression and Anxiety
13. Mental Disorders: Stress and Trauma
14. Catch-up and Review
<< Final Exam >>
- Feedback -

[履修要件]

特になし

[成績評価の方法・観点]

40% - Final Exam
20% - Quizzes
20% - Short Personal Essay
20% - Class Participation

Introduction to Medical Psychology-E2(2)へ続く↓↓↓

Introduction to Medical Psychology-E2(2)

[教科書]

使用しない

[参考書等]

（参考書）

授業中に紹介する

Reference materials will be provided in class.

[授業外学修（予習・復習）等]

Students are expected to complete assigned readings and assignments before class.

[その他（オフィスアワー等）]

Students may contact the instructor if they have questions and they may schedule an in-person appointment by email.

[主要授業科目（学部・学科名）]