科目ナンバリング	U-LAS40 20033 LE26						
授業科目名<英訳>	Cultural Aspects of Health Care-E2 Cultural Aspects of Health Care-E2			担当者所属職名・氏名	医学研究科　准教授　ANAGNOSTOU, Despoina		
群	健康・スポーツ科目群	分野(分類)	健康・スポーツ科学(発展)	使用言語	英語		
旧群		単位数	2単位	週コマ数	1コマ	授業形態	講義（対面授業科目）
開講年度・開講期	2026・後期	曜時限	木3	配当学年	全回生	対象学生	全学向

[授業の概要・目的]

Culture has an important influence on many aspects of people's lives, such as beliefs, behaviors, emotions, religion, ritual, diet, body image, attitudes to illness, pain and other symptoms. This module explores the way that cultures have different systems of health beliefs to explain what causes illness, how it can be cured or treated, and who should be involved in the process.

This module explores the cultural influences from the perspective of the individual(personal health beliefs and behaviors) but also from society perspective (governments and health care systems) Specifically, it explores the influence of different religions, cultures, beliefs, and ethnic customs on how patients understand health concepts, how they take care of their health, and how they make decisions related to their health. It also provides knowledge with regards to the interplay between culture and health care structures and of their consequences to clinical practice. Moreover, this course looks at the cultural perspectives to population health, health inequalities and current health challenges such as organ donation and management of epidemics. Finally, it explores the concept of cultural competence in care provision, with a focus on multi-cultural societies.

[到達目標]

To understand the interplay between culture and health care
To explore how the different cultural contexts may influence perceptions and behaviors in relation to health, illness and organization of health care
To explore the impact of different cultural ideas of body image and the various representations of a health body in different times in history.
To understand the influence of socio-economic factors to population health.
To explore different approaches to health issues that carry stigma in different cultural contexts (i.e. disability, AIDS)
To understand the current debates of providing care, considering patients cultural backgrounds

[授業計画と内容]

Part I: Cultural perspectives in Health and illness
Session 1: Introduction to the module
Session 2: Definition and different approaches to culture and health
Session 3: Culture and wellbeing; its implications on the industry of wellness across the world
Session 4: Migration, globalization and health
Session 5: Socio-economic factors and health inequalities- the examples of UK and US
Session 6: The body: cultural definitions of body image and health
Session 7: Social approaches to disability
Session 8: Informal caregiving in an aging society: the unspoken reality of care in the 21st century

Part II: Cultural perspectives in the design and delivery of health care
Session 9: Cultural approaches to pain and pain management

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Cultural Aspects of Health Care-E2(2)

Session 10: Cultural approaches to treatment decision-making; doctor-patient interactions
Session 11: Cultural competency in health care
Session 12: The AIDS pandemic and different country approaches
Session 13: Cultural approaches to organ donation and the impact of globalization to organ trafficking
Session 14: Cultural perspectives on death and dying
Session 15: Presentations- feedback

[履修要件]

特になし

[成績評価の方法・観点]

Evaluation will be based on active participation (20 points), and a final course oral presentation (80 points). Oral presentations will be assessed on the basis of the course objectives. Detailed guidance will be provided in class.
- Students who are absent from class more than three times will not be awarded a passing grade.
- Students must submit and present in class their final course presentation.
- Points will be awarded for assignments showing originality.

[教科書]

授業中に指示する
E-resources,published papers and and e-textbook chapters will be introduced during the course.

[参考書等]

（参考書）
授業中に紹介する
References will be provided during the course. All material will be saved on the LMS page of the course for students to access

[授業外学修（予習・復習）等]

Preparation is required for the final course oral presentations (10-15min, PPTx)

[その他（オフィスアワー等）]

Key lectures will be given by the module leader, using visual and audio material to illustrate key ideas within different sessions.
Group work during lectures will support discussions around key issues and possible comparison between Japan with Europe/US.
Students will give presentations during the last sessions of the course. Instructions for the presentations will be given in class.
It is advisable to participate actively and share views during the class.
Students should make an appointment through e-mail, in the case they need any advice.

If you have any questions, please e-mail the teacher: anagnostou.despoina.2a@kyoto-u.ac.jp

[主要授業科目（学部・学科名）]