

Course number	U-LAS70 10002 SE50				
Course title (and course title in English)	ILAS Seminar-E2 :Current issues in palliative care- the International Context (ヨーロッパにおける緩和ケア) ILAS Seminar-E2 :Current issues in palliative care- the International Context	Instructor's name, job title, and department of affiliation	Graduate School of Medicine Associate Professor,ANAGNOSTOU , Despoina		
Group	Seminars in Liberal Arts and Sciences	Number of credits	2	Number of weekly time blocks	1
Class style	seminar (Face-to-face course)	Year/semesters	2026 ・ First semester		Quota (Freshman) 25 (15)
Target year	Mainly 1st year students	Eligible students	For all majors		Days and periods Tue.5
Classroom	34, Yoshida-South Campus Academic Center Bldg. North Wing			Language of instruction	English
Keyword	palliative care / social psychology / medical ethics / family and culture / quality of care				

[Overview and purpose of the course]

The overall aim of the seminar is to develop understanding of the key current issues in palliative and end-of-life care globally. Issues related to aging population, chronic illness rise will also be addressed.

We will use a combination of short lectures, interactive group discussion and problem-based activities throughout the course to address aspects of clinical decision-making in palliative care, communication challenges in facing terminal prognosis, ethical issues, holistic needs assessment and management of family dynamics.

We will also have an international speaker from UK to give a lecture and present their work with a current challenge in their clinical practice.

[Course objectives]

- To understand the concepts of palliative and end of life care
- To understand the different models of palliative care within different countries.
- To develop awareness of the different disease groups relevant to palliative care
- To develop awareness of the current debates within palliative care globally.

[Course schedule and contents]

- Session 1: Introduction of the seminar, definitions of palliative care.
- Session 2: Explore different approaches to palliative care/ end of life care- historical evolution of the field
- Session 3: Wellbeing and the link to quality of life
- Session 4: Family involvement or informal care-giving: the untold reality in palliative care
- Session 5: Financial burden/implications for the family in end-of-life care
- Session 6: Communication skills in palliative care (Part 1): key challenges
- Session 7: Communication skills (Part 2): how to discuss diagnosis and prognosis of terminal illness
- Session 8: Quality-of-care (QoC- part 1): Understanding Quality-of-life as the center of care in palliative care
- Session 9: Quality-of-care (QoC- part 2): Resilience- The importance of resilience as a coping mechanism
- Session 10: Treatment decision-making approaches (part 1): The importance of shared-decision-making

Session 11: Treatment decision-making (Part 2): Advanced- Care- Planning (ACP)- current trends
Session 12: Psychological approaches in the management of chronic pain in palliative care
Session 13: Play therapy in children palliative care
Session 14: End-of-life care in Intensive Care
Session 15: presentations- feedback

[Course requirements]

None

[Evaluation methods and policy]

Evaluation will be based on a final-course oral presentation (PPTX, 10-15min)80% and participation and attendance 20%.

Evaluation will be based on active participation (20 points), and an examination- oral presentation(80 points).
Assignments will be assessed on the basis of the course objectives.

- Students who are absent from class more than three times will not be awarded a passing grade.
- Students must present the final course presentations.
- Points will be awarded for assignments showing originality.

[Textbooks]

Instructed during class

Textbook material, relevant publications and online resources will be introduced in each session. The relevant material will be uploaded on the LMS system for students to access.

[References, etc.]

(References, etc.)

Introduced during class

References to relevant literature will be given at each session- and always will be located within the LMS page of the seminar.

[Study outside of class (preparation and review)]

Students will follow instructions provided in class, to read a paper or listen to video material occasionally, in preparation of group work in class. They will also need to prepare their final course presentations (PPTx of 10-15min).

[Other information (office hours, etc.)]

Teacher short lectures, discussion groups, student presentations, small group works during seminar session based on an issue specified by the teacher.

Students are advised to actively participate; make comments and ask questions to generate discussions

Students can communicate directly via e-mail with the seminar teacher for advice, etc. Should they need to meet in person, they can make an appointment with the teacher via e-mail.

If you have any questions, please e-mail the teacher: anagnostou.despoina.2a@kyoto-u.ac.jp

[Essential courses]