科目ナンバリング	U-LAS04 10015 LE46						
授業科目名<英訳>	Psychology I-E2 Psychology I-E2			担当者所属職名・氏名	人と社会の未来研究院 講師	DE ALMEIDA, Igor	
群	人文・社会科学科目群	分野(分類)	教育・心理・社会(基礎)	使用言語	英語		
旧群	A群	単位数	2単位	週コマ数	1コマ	授業形態	講義（対面授業科目）
開講年度・開講期	2026・前期	曜時限	水3	配当学年	主として1・2回生	対象学生	全学向

[授業の概要・目的]

What makes you who are you? The genes you ’ ve inherited or the experiences you have? Can we really influence the unconscious mind? Do dreams have deeper meanings? Can psychology improve your ability to study and remember information?

Psychology is the scientific study of the brain, the mind, and behavior. This course surveys classic and modern findings, methods, and real world applications in psychological science, to answer these philosophical questions about what it means to be human. Psychology I focuses on biological and cognitive approaches to the study of psychology.

[到達目標]

By taking this course, students will be able to:

1. Explain the major themes in psychological science, such as the nature-nurture debate, and identify psychological concepts which illustrate these themes.
2. Interpret landmark research findings, schools of thought, and methodological approaches to apply psychology to human thoughts and behavior in daily life.
3. Explain the differences and similarities in topics and methods across several sub-fields of psychology.

This course also develops students ’ communication and critical thinking skills in English.

[授業計画と内容]

With advanced notice to students, the instructor may make minor adjustments to the schedule below as required.

1 Course welcome and topic introduction
2 The scientific method in psychology
3 Biopsychology I
4 Biopsychology II
5 Sensation & perception
6 Consciousness & sleep
7 Memory
8 Midterm
9 Learning I: Classical conditioning
10 Learning II: Operant conditioning & social learning
11 Motivation
12 Emotion
13 Intelligence
14 Review
≪Final examination≫

Psychology I-E2(2)へ続く↓↓↓

Psychology I-E2(2)

15 Feedback week

The course format includes interactive lectures. The course also uses brief demonstrations (experiments, interactive activities, short film) to illustrate key concepts. Course time may also include small group discussion and time for questions & answers.

[履修要件]

特になし

[成績評価の方法・観点]

Evaluation for this class consists of:
Written mid-term examination consisting of multiple choice and open-ended questions (30%).

Written cumulative final examination consisting of multiple choice and open-ended questions (40%).

Class activities at the end of each class(30%).

Raw score grading [0-100] system is used in this class.

Optional extra activities such as reports and participation in research may be introduced during class. These activities may provide additional points to the final grade.

[教科書]

Diener Education Foundation 『Noba Project Introductory Psychology』（Noba）（Online, open access / free materials, access information provided in class in week 1）

[参考書等]

（参考書）
授業中に紹介する

[授業外学修（予習・復習）等]

To make satisfactory progress in the course, students will be expected to spend approximately 90 minutes each week outside of class reviewing lecture materials, class notes, and the online textbook.

[その他（オフィスアワー等）]

Office hours will be available each week. Students may use office hours to discuss course material or for other general questions, such as interest in continued studies. Students are welcome to make appointments for office hours by emailing the instructor in advance and arranging a mutually convenient time.

[主要授業科目（学部・学科名）]